

Year 7 Overview PSHE 2021-2022

No.	Date	Replaces	Lesson Overview	External Agencies involved
1	Tues 14 th Sept	Period 1	Careers: transition lesson	
2	Tues 28 th Sept	Period 2	Keeping good friendships	
3	Tues 12 th Oct	Period 3	Intro to mental health	
4	Tues 2 nd Nov	Period 4	Bullying or banter?	
5	Tues 16 th Nov	Period 5	Cyberbullying	
6	Wed 1 st Dec	Period 1	Family and relationships	
7	Thurs 16 th Dec	Period 1	Falling in love	
8	Wed 12 th Jan	Period 2	Keeping safe & Positive relationships	
9	Wed 26 th Jan	Period 3	Budgeting money	
10	Thurs 10 th Feb	Period 2	Different financial transactions	
11	Mon 21 st Feb	Period 1	Shopping ethically	
12	Wed 9 th Mar	Period 4	What are wants and needs?	
13	Wed 23 rd Mar	Period 5	Self-esteem & Achievement	
14	Thurs 21 st Apr	Period 2	How can we be aspirational?	
15	Thurs 5 th May	Period 3	What are healthy lifestyles?	
16	Tues 17 th May	Period 1	Energy drinks	
17	Tues 7 th June	Period 2	Puberty: what, when & why?	
18	Tues 21 st June	Period 3	Periods: what, when & why?	
19	Tues 5 th July	Period 4	What is FGM & breast ironing?	
20	Tues 19 th July	Period 5	Anger management	

Relationships & Sexual Ed.
 Living in the Wider World
 Health & Wellbeing