



Year 8 Overview PSHE, RSE, Careers 2021-2022

No.	Date	Replaces	Lesson Topic	External Agencies involved
1	Tues 14 th Sept	Period 1	Careers: managing my behaviour to achieve	
2	Tues 28 th Sept	Period 2	Smoking & Vaping	
3	Tues 12 th Oct	Period 3	What is mindfulness?	
4	Tues 2 nd Nov	Period 4	Dangers of illegal drugs	
5	Tues 16 th Nov	Period 5	Looking after ourselves & others in emergencies	
6	Wed 1 st Dec	Period 1	Teenage parents	
7	Thurs 16 th Dec	Period 1	Cancer awareness	
8	Wed 12 th Jan	Period 2	Finances: Income & Expenditure	
9	Wed 26 th Jan	Period 3	Finance: Budgeting & Saving	
10	Thurs 10 th Feb	Period 2	LGBT+ & Homophobia	
11	Mon 21 st Feb	Period 1	Careers: communication skills	
12	Wed 9 th Mar	Period 4	Careers: NI & Income tax	
13	Wed 23 rd Mar	Period 5	Why do we pay taxes and how is it spent?	
14	Thurs 21 st Apr	Period 2	Safe sex & contraception	
15	Thurs 5 th May	Period 3	Consent	
16	Tues 17 th May	Period 1	Talk from the Samaritans	The Samaritans
17	Tues 7 th June	Period 2	Sexting	
18	Tues 21 st June	Period 3	Pornography	
19	Tues 5 th July	Period 4	Domestic conflict	
20	Tues 19 th July	Period 5	British values: tolerance & respect	



Relationships & Sexual Ed. Living in the Wider World

Health & Wellbeing