# **Our PSHE Curriculum**



## **Curriculum Intent**

Personal, Social, Health and Economic Education is an important part of our curriculum at Wootton Wawen C of E Primary School. We want our children to develop the knowledge, understanding and skills that they need to form positive relationships and manage their lives now and in the future. We provide a nurturing environment and place a strong emphasis on our children's emotional and physical well-being. In an ever-changing and diverse society, it is important that they are aware, at an appropriate level, of the different factors which will affect their world and how to deal with these. We encourage children to be resilient, independent and reflective. We want them to have high aspirations, a belief in themselves and be inspired to achieve their best.

### **Curriculum Implementation**

Teachers use the **Jigsaw Scheme.** This is a spiral, progressive scheme of work which "aims to prepare the children for life, helping them to know and value who they are and understand how they relate to other people in this ever-changing world." It ensures children are taught about personal and social similarities and differences, in a way that is sensitive and age-appropriate. The Sex education aspects of PSHE are also taught through Jigsaw.

The scheme consists of six half-term units, which are known as puzzles. Each puzzle contains six one-hour lessons, known as pieces. Each piece has two learning objectives: one is based on specific PSHE learning and the other is based on emotional literacy and social skills development. Throughout the programme of study, pupils learn essential communication skills; debating, reasoning, weighing an argument, collaborating with and motivating others. The whole school complete the same puzzle at the same time but the content varies for each year group.

Each Puzzle is launched with a whole-school assembly.

The puzzles are:

Puzzle 1: Being Me In My World

Puzzle 2: Celebrating Differences

Puzzle 3: Dreams and Goals

Puzzle 4: Healthy Me

Puzzle 5: Relationships

Puzzle 6: Changing Me (including Relationships and Sex Education)

Each Jigsaw lesson is split into six parts. After a short activity designed to connect the class, "Calm Me" teaches children how to feel calm and think about things mindfully. "Tell Me or Show Me" is when children are taught new skills and information, "Let Me Learn" is when children have the opportunity to put these skills into practice and each lesson concludes with an opportunity for the children to reflect on their learning.

In addition to Jigsaw, our children learn about Protective Behaviours in the Autumn term through the Taking Care Project and we also support Anti-Bullying Week each year. Our school

assemblies also support PSHE where values such as respect, perseverance, compassion, peace, courage and truthfulness are explored.

#### <u>Impact</u>

We strive to ensure that by the end of Year 6 each child will:

- Recognise and apply the British Values.
- Be able to recognise, understand and manage their own emotions.
- Understand who they can rely on and ask for support.
- Look after their own mental health and ask for support where necessary.
- Be on their way to maintaining a healthy lifestyle.
- Recognise differences and understand diversity.
- Apply learnt skills in real life situations.
- Demonstrate self-confidence and self-esteem.
- Have developed and maintained healthy relationships with peers and adults.
- Understand the physical aspects involved in the teaching of RSE at the level appropriate to them as an individual.
- Show respect to themselves and others.

We measure impact through:

#### Assessment

Within each Jigsaw lesson there are opportunities for assessment. Each lesson has a clear learning objective and children are asked to reflect on the lesson and their understanding. Teachers also make formative assessments during each lesson. Each class has a Jigsaw Big Book to keep examples of work.

Pupils' progress in PSHE is reported to parents at consultation evenings held twice a year and through an annual report.