

Yarm Primary - Nursery

Ourselves

Subject Specific Vocabulary			Sticky Knowledge about growing
Baby	A very young child	In the Autumn Term, we will be learning all about Ourselves. We have included some information that you may like to share with your child as well as some suggested activities. Have fun!	Babies grow very quickly after they are born.
Toddler	A young child who is beginning to walk		In the first year of a baby's life, they will learn to eat, sit up, crawl, walk and talk.
Child	A young person		A person's growth slows down, but you can keep growing until you are 20 years old!
Adult	A person who is fully grown (A grown up)		
Skeleton	Framework of bones inside your body which supports you.	Brain Teaser..... What are these pictures of? How are they linked to ourselves?	You need to take care of your body to help it grow. You will need to exercise, drink plenty of water and eat healthy food such as fruit and vegetables. All plants and animals have a life cycle. Your skeleton gives your body its shape. If you didn't have a skeleton your body would be floppy
muscles	Tissue inside your body that enables you to be able to move	 	
Life cycle	A series of changes during life.		

Can you find a photograph of you as a baby? Talk about how you have changed.



What else grows? Find out and draw a picture.



Do you know the names of any baby animals? Draw pictures of them.



Can you think of any things that you can do now that you couldn't do when you were a baby?



Ourselves
You may want to choose a couple of the activities to complete.

Use/make some playdoh. Can you make some baby animals?



Draw a picture of you and your family. Who is the tallest, who is the shortest?



Try planting and growing something e.g. cress, sunflowers, beans etc.



Make some patterns with some seeds or leaves.

