

Yarm Primary - Nursery

Personal, Social and Emotional Development

Subject Specific Vocabulary			Sticky Knowledge
Feelings	How you feel inside. An emotion.	In Autumn Term 1, we will be learning all about our feelings, kindness and how to be a good friend. I have included some information that you may like to share with your child as well as some suggested activities. I hope you have fun!	Our feelings can affect the way we behave.
Kind	Being gentle, caring and thoughtful.		We can all feel differently about the same things.
Honesty	Being truthful.		Honesty is important so that people can trust you.
Friend	A relationship between people who like each other and enjoy being with each other.		It is important to obey rules to keep us and everyone safe.
Sharing	To give or receive part of something or to join in with others.	Brain Teaser.....	It is good and healthy to have many friends.
Self-belief	To believe that you can do something.		We need to be aware that our actions and words can affect the way others feel.
Courage	To be brave.		
Trust	To believe and rely on someone.		

Talk about what makes you happy.
Can you draw a happy face?



Talk about what makes you sad.
Can you draw a sad face?



Talk about what might make you feel
worried or anxious. What do you
think others could do to make you
feel better when you feel like this?



Can you think of something you can
do that could be kind?
E.g. Help someone, say something
nice to someone.



PSED Activities
**You may want to choose a
couple of the activities to
complete.**

Read the story of 'The boy who
called wolf' with a grown up.
What important thing do you think
the boy will have learnt do to at the
end of the story?
Why is it important to tell the truth?
Use the hyperlink below:

[The Boy Who Cried Wolf #ReadAlong
StoryBook Video for Kids Ages 2-7 - YouTube](#)

Draw a picture of your friends. Can
you talk to a grown up about what
makes them good friends to you?



Can you learn a new skill?
E.g. Ride a bike, balance on one
foot, cut out a picture using scissors,
write your name etc.
How did it make you feel?



Have you done anything that has
made you feel brave? Tell us about it
by drawing a picture.

