



walking slowly



walking fast



walking slowly



walking fast



reading



sprinting



reading



sprinting



sleeping



jogging



sleeping



jogging

Pulse rates (b.p.m. stands for beats per minute)

- 120 b.p.m.
- 67 b.p.m.
- 95 b.p.m.
- 140 b.p.m.
- 78 b.p.m.
- 105 b.p.m.

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