



Yarm Primary School

Year 3

PSHCE

Theme: ***Happy and healthy friendships***

Enquiry Question: What are the characteristics of a happy or healthy friendship?

friend	Someone you know well, you can trust and like spending time with.	For this half term, our PSHCE and RSE learning will be focused on coping with feelings being a good friend.  Children will explore friendships, their importance, what being a good friend means and how to keep friendships positive and healthy. They will investigate their own values and develop skills to share worries and resolve difficulties within friendships, including maintaining and respecting personal boundaries and safe touch. Children will be introduced to the concept of resilience, identify ways in which they can develop it themselves, as well as helping others to do so.	<u>Our lessons will focus on:</u>
respect	A feeling of admiring somebody or something that is good or important.		• What makes a good friend?
values	Principles or standards of behaviour.		• Personal space and boundaries
personal space	The physical space immediately surrounding somebody.		• Resilience
touch	Come into contact with a person or object.		• How to treat people with kindness and respect
private	Belonging to or for the use of one particular person.		• Human Rights
boundaries	Limit of acceptable behaviour or understanding.		
resilience	The ability to recover quickly, to be happy and successful again after something difficult or bad has happened.		
encouragement	Giving someone support, confidence or hope in the form of words or actions.		
Human rights	The basic rights and freedoms that belong to everyone in the world from birth until death.		
			<u>Golden Rules</u>
			✓ We are gentle.
			✓ We are kind and helpful.
			✓ We listen.
			✓ We are honest.
			✓ We work hard.
			✓ We look after property.