

05/06/23, 26/06/23, 17/07/23 then 18/09/23, 09/10/23



WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Vegetable Fingers served with rainbow rice and coleslaw	Turkey Fajita served with Mexican Coleslaw and Rainbow Rice	Roast Gammon and Stuffing served with; Roast Potatoes and Gravy	Bacon Carbonara served with Garlic Bread	Traditional Fish Cake or Salmon Fish Cake served with Chips
Vegetarian Main Course	Cheese and Tomato Pizza served with beans or Coleslaw	Macaroni Cheese	Gardeners Pie, served with Roast Potatoes and Gravy	Chunky Vegetable Pasta Bake served with Garlic Bread	Quorn Sausage served with Chips
Vegetables	Peas & Sweetcorn	Savoy Cabbage & Mashed Swede	Broccoli & Baton Carrots	Sweetcorn & Peas	Garden Peas & Baked Beans
Dessert	Carrot Cake Or Fruit Pot	Jam Tart Or Fruit Kebabs	Ice cream Or Fruit Boat	Apple Flapjack Or Fruit Pot	Chocolate Fudge Crinkle Biscuit Or Fruit boat

Fresh Baked Jacket Potato with Choice of fillings Cheese, Tuna, Beans available daily

Selection of freshly made sandwiches on a choice of breads available daily

Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit and Yoghurts available daily



12/06/23, 03/07/23 then 04/09/23, 25/09/23, 16/10/23



WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Green Cuisine Meatballs and Spaghetti in Homemade Tomato Sauce	Homemade Ham and Pineapple Pizza Served beans or coleslaw	Roast Chicken served with Mashed Potatoes and Rich Gravy	Minced Beef Lasagne Served with Garlic Bread	Gluten Free Fish Served with Chips and a slice of Lemon
Vegetarian Main Course	Cheese Whirl served with beans	Vegetable Spaghetti Bolognaise with Garlic Bread	Quorn Fillet served with Mashed Potatoes and Gravy	Vegetable Curry Served with 50/50 Rice	Lightly Spiced Burger Served with Salad and chips
Vegetables	Carrot rings & Peas	Sweetcorn & Carrot batons	Broccoli & White cabbage	Green beans & Sweetcorn	Garden Peas & Beans
Dessert	Marble Sponge and Custard OR Fruit pot	Peaches and Cream Or Fruit Kebabs	Fruity Flapjack Or Fruit Boat	Apple Crumble and Custard Or Fruit Pots	Fruit Jelly and Ice Cream Or Fruit Boat

Fresh Baked Jacket Potato with Choice of fillings  
Cheese, Tuna, Beans  
available daily

Selection of freshly made sandwiches on a choice of breads  
available daily

Fresh Bread, Cheese & Crackers,  
Salad Selection, Fresh Fruit and  
Yoghurts available daily



19/06/23, 10/07/23 then 11/09/23, 02/10/23, 23/10/23



WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Meatless Meatballs with spaghetti in tomato sauce	Beef chilli and rice	Roast Turkey, Roasted Baby Potatoes served with Rich Gravy	Homemade Chicken Curry with Basmati Rice	Fish Fingers served with Chips
Vegetarian Main Course	Homemade Cheese and Tomato Pizza served with beans or coleslaw	Tomato and Basil Penne Pasta served with Garlic Bread	Macaroni Cheese	Vegetable Chilli served with Basmati Rice	Vegetable Fingers served with Chips
Vegetables	Peas & Sweetcorn	Savoy Cabbage & Mashed Swede	Broccoli & Baton Carrots	Sweetcorn & Cauliflower	Garden Peas & Baked Beans
Dessert	Chocolate Muffins Or Fruit pot	Jelly Or Fruit Kebab	Orange Shortcake Biscuit Or Fruit Boat	Lemon Drizzle Cake Or Fruit Pot	Cherry Flapjack Or Fruit Boat

Fresh Baked Jacket Potato with  
Choice of fillings  
Cheese, Tuna, Beans  
available daily

Selection of freshly made  
sandwiches on a choice of breads  
available daily

Fresh Bread, Cheese & Crackers,  
Salad Selection, Fresh Fruit and  
Yoghurts available daily

