


Personal, Social and Emotional Development

Subject Specific Vocabulary			Sticky Knowledge
Feelings	How you feel inside. An emotion.	In the Autumn Term, we will be learning all about our feelings, kindness and how to be a good friend. We have included some information that you may like to share with your child as well as some suggested activities. Have fun!	Our feelings can affect the way we behave. We can all feel differently about the same things.
Kind	Being gentle, caring and thoughtful.		
Honesty	Being truthful.		
Friend	A relationship between people who like each other and enjoy being with each other.		
		Brain Teaser.....	It is important to obey rules to keep us and everyone safe. It is good and healthy to have many friends. We need to be aware that our actions and words can affect the way others feel.
Sharing	To give or receive part of something or to join in with others.	How do you think these children are feeling? How do you know? What do you think might be making them feel this way?	
Self belief	To believe that you can do something.		
Courage	To be brave.		
Trust	To believe and rely on someone.		

Talk about what makes you sad.
Can you draw a face?



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Talk about what might make you feel worried or anxious. What do you think others could do to make you feel better when you feel like this?



Can you think of something you can do that could be kind?
Eg help someone, say something nice to someone.



PSED Activities
You may want to choose a couple of the activities to complete.

Read the story of 'The boy who called wolf' with a grown up.
What important thing do you think the boy will have learnt do to at the end of the story?

Why is it important to tell the truth?
Use the hyperlink below

[The Boy Who Cried Wolf #ReadAlong StoryBook Video for Kids Ages 2-7 - YouTube](#)

Draw a picture of your friends.
Can you talk to a grown up about what makes them good friends to you?



Can you learn a new skill?
Eg ride a bike, balance on one foot, cut out a picture using scissors, write your name etc.
How did it make you feel?



Have you done anything that has made you feel brave? Tell us about it by drawing a picture.

