Learning about Number



 The first obvious stage of learning about number is, for most children, learning number names. 'This usually happens from around the age of two and a half, when children start to repeat the names of numbers that they hear people talk about. At this stage, though, they don't connect the names with a quantity, or understand that they come in a fixed order.'

What you can do: Sing number songs, read books that involve numbers, point out number in the environment and talk to your child about numbers.

• The next stage is for children to learn that numbers have a fixed, unbreakable order: one, two, three, four, five and so on. This is a complex skill to master: they have to know the number names and then master the sequence and get them in the right order, which involves a huge amount of working memory. To make matters harder, they need to count as far as the twenties before they hear a repeating pattern.

What you can do: Count things out in front of your child: Let's put one, two, three pieces of apple in your bowl. Use everyday opportunities to practise counting, for example, counting the stairs as you go up.

• From there, children learn about one-to-one correspondence. 'This involves counting a group of objects by matching a number name to each one, and requires hand-eye coordination as well as number skills. Children usually do this by physically pointing at or touching each object in turn, and the skill tends to develop from around the age of three and a half. It's common for them to make mistakes, such as missing out a number or saying a number twice. Later, they begin to understand that they can count things that they can't physically point to, such as the days of the week or the rooms in their house: the abstraction principle.'

What you can do: Practise counting out objects like counters, buttons or toys. Encourage your child to point to each object as they say the number name. Do matching activities, such as counting out cutlery when laying the table: 'One fork for you, one for me, one for ...etc.'

• When children first learn to count in sequence, they don't realise that the last number that they say stands for how many there are in the group. This is known as the cardinal number. There is a stage where children will count out the objects in a group, but when you ask them how many there are, they either go back and count again, or say a completely different number. They need to learn that if they have counted to seven that means there are seven objects in the set. They also begin to learn that it doesn't matter in which order they count the group in; the number stays the same, whether they start from the left, right, top or bottom. This is called the order irrelevance principle.

What you can do: Provide objects for your child to count, like plastic dinosaurs or beads to thread onto a string. Encourage them to match numbers: for example, you could draw a picture of a ladybird with three spots on one side, and ask them to draw the same number on the other side.

Alongside these more concrete number skills, children are also developing
the ability to subitise: to look at a small group of objects, randomly arranged,
and tell how many are there without counting them out. Children are born
with this ability, and by the age of five they can usually subitise a group of
three to five objects, interestingly, as adults, the maximum we can subitise is
usually four to five.

What you can do: Encourage children to estimate how many objects are in a group. Use different representations of number, such as dice patterns, to make estimating easier.

• One of the trickiest parts of learning to count is understanding that numbers can stand for different things: for example, 'I am five,' 'We catch the Number Five bus to town,' and, 'There are five cakes on the plate.' In addition, there is nothing about the digit 5 that physically represents five, so children will learn other ways to visualise the number – such as picturing five spots on a dice, or five fingers on their hand.

What you can do: Talk to children about the different uses of numbers. Notice and discuss numbers in the environment, for example, 'Look, there are four birds on the fence,' or, 'Can you see the number four on that door?' Play games and talk about the numbers on the dice: children who play board games with their family have a better understanding of number before school age.

 By the end of Reception, most children have mastered all the above stages, and are also learning about concepts like counting backwards, counting in sequence starting from a number other than one, and the ideas of fewer than, more than, higher than and lower than. This is quite a complex stage as it relies on a knowledge of the language of maths, we can sometimes overlook this and focus our attention on just counting.

What you can do: Take advantage of everyday opportunities to use the language of maths. 'There are five bananas in the bowl; are there enough for everyone in the family?' 'We saw more ducks on the pond today than we did yesterday,' 'Let's share these raisins between us.'

Let us know about the things you enjoy sharing with your child to support their maths learning...



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