

PSCHE at Yarm Primary

Within PSCHE, we aim to develop skills such as resilience, self-esteem, risk-management, team working and critical thinking. PSHCE underpins all of the work that we do at Yarm Primary School. It helps pupils to stay healthy, safe and prepared for life – and work – in modern Britain.

As a school, we follow the Discovery scheme of work as part of our approach to PSCHE.

Intent

Our PSCHE curriculum is designed to develop our children's knowledge and understanding of personal, social and health education. It is designed to explore ideas, thoughts and feelings with others and discuss their impact on the lives we lead.

At Yarm Primary we recognise that PSHE is essential to everyday life. Through carefully resourced lesson sequences, pupils learn how to stay safe and healthy, build and maintain successful relationships and become active citizens who participate positively to society.

We have adopted the Discovery scheme of work as a foundation for building our PSHE curriculum through progressive modular themes:

Healthy & happy friendships

Similarities & differences

Caring & responsibility

Families & committed relationships

Healthy bodies, healthy minds

Coping with change



Each topic contains age-appropriate content that increases in complexity and maturity through the year groups, allowing pupils to build on their skills and understanding each year.

Implementation

Discovery PSHE is a comprehensive Scheme of Work for the whole Primary School. It brings together PSHE Education, emotional literacy and social skills. This work is supplemented and enhanced with other topical issues in the school year including; Anti-Bullying Week, Children in Need, Foodbank Friday, Mental Health Awareness Week and Remembrance Day. These experiences give the children opportunities to contextualise the knowledge, skills and understanding they have learned. The strands of the British Values agenda are mapped across the scheme.

It is taught as a discreet subject as well as being integrated across the curriculum. There is a dedicated year group assembly each week which directly supports understanding of the themes being taught.

Impact

We are committed to providing a quality PSHE curriculum which is relevant to the child and supports good progress. Reflecting the complexity of the subject, progress can be measured in a variety of ways including:

- A reflection on standards achieved against the planned outcomes
- On-going assessments throughout programme
- Pupil discussions about their learning.

Outcomes in lessons evidence a broad and balanced PSHE curriculum and demonstrate children's acquisition and retention of identified key knowledge and skills. The ultimate impact of our PSHE curriculum is that our children will have developed the qualities and attributes pupils need to thrive as individuals, family members and members of a society that is rapidly changing.

The strands of PSHE

