

Physical Education at Yarm Primary

At Yarm Primary, our intent is to provide children with a broad and balanced curriculum, which builds on their needs and prepares them for the future. We use a project-based approach to provide an engaging and purposeful context for learning where pupils are encouraged to apply the skills and knowledge in a range of subjects. We place emphasis on mastering key skills to provide a solid foundation for lifelong learning.

In EYFS children have the opportunity to aid their physical development through an increased understanding of spatial awareness, throwing and catching, team games and improving coordination and balance.

Within the National Curriculum:

Key stage 1

Pupils should be taught:

to master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.

to participate in team games, developing simple tactics for attacking and defending.

to perform dances using simple movement patterns.

Key stage 2

Pupils should be taught:

to use running, jumping, throwing and catching in isolation and in combination.

to play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.

to develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics].

to perform dances using a range of movement patterns.

to take part in outdoor and adventurous activity challenges both individually and within a team.

to compare their performances with previous ones and demonstrate improvement to achieve their personal best.

To implement the offer children are supported in developing their skills in Key stage 1 and are then provided with opportunities to develop and build on these skills in Key stage 2. A block-programme of swimming provision is provided for children in Y3.

Typically, 5 clubs provide opportunities for the children to develop their skills – including Key stage 1 football, Key stage 2 football Year 5 and 6 football) and Dance.

Through the sports premium funding we have been able to develop CPD opportunities for staff as well as enlisting professionals to enhance the experiences for the children.

Typically, Children have the opportunity to represent 'Team Yarm' at a variety of sporting festivals and we aim to have as many children as possible represent the school at these events when they resume.

We intend to develop the Sport's Leaders programme, when this is permitted; as we see this as a valuable part of ensuring that pupil voice is heard in school and these children help to plan and deliver active opportunities for all.

To secure the offer we feel our children deserve and better reflect what is captured in curriculum maps, we will work on the following as short term priorities:

- Review of the PE offered by each year group to reflect the increased activity levels daily through the pandemic.
- Use of Sports leaders to develop physical activity throughout the school day promoting increased activity for those identified pupils who are the least active.
- Implementation of work within PSCH to support the mental health side of health.
- Promote opportunities outside of school for sporting activity when this is available.



Summer 21