

Sikh Beliefs



What do Sikhs Believe?

God

Sikhs believe that there is only one God. They believe that everyone is equal and that God can be in anyone's life.

The Cycle of Life

Sikhs believe that life is a circle of birth, death and re-birth. They believe that if you live a bad life now, you will have a bad life in your next life but if you live as a good Sikh in this life, you will have another good life next time.

The 3 duties

Sikhs believe in the following: pray, work, give.

pray – keep God in mind always.

work – get a job and earn money so you can look after yourself.

give – give some of what you earn to those who are in need.

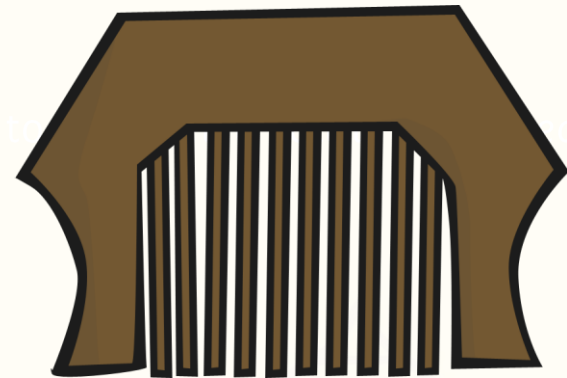
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The Five K's

Sikhs show that they follow Sikhism by doing the following things:

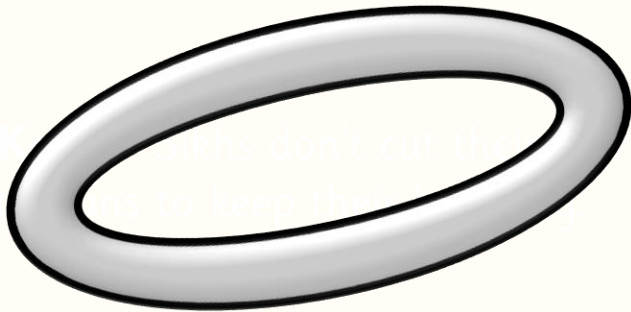


1. **Kesh** – Sikhs don't cut their hair but let it grow to show their faith. Men wear turbans to keep their hair tidy.



2. **Kangha** – This is a small comb worn in a Sikh's hair.

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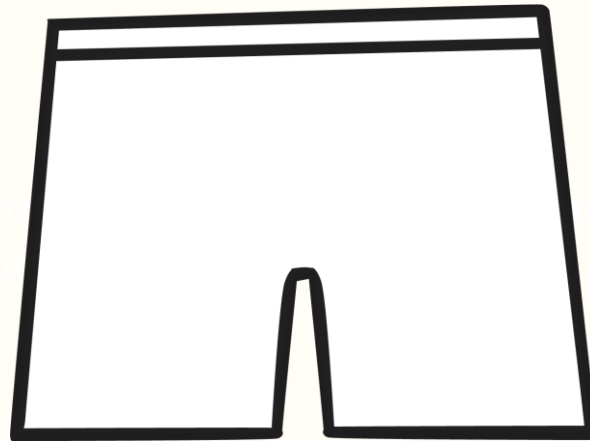


3. Kara – Sikhs wear a bracelet to show they belong to the Sikh faith.



4. Kirpan – Sikhs wear this over or under their clothes to show that all Sikhs protect each other.

What do Sikhs Believe?



1. **Kesh** – Sikhs don't cut their hair to show their faith. Men wear turbans to keep their hair covered.

5. Kaccha – This is a white, cotton undergarment worn to show their Sikh faith.

What do Sikhs Believe?

Guru Nanak and his Birthday Celebrations

Guru Nanak started Sikhism so Sikhs celebrate his birthday every year.

The Sikh holy book, the Guru Granth Sahib, is carried through the streets in celebration because Guru Nanak's teachings are inside this special book.

1. Kesh – Sikhs don't cut their hair, but let it grow and show their faith. Men wear turbans to keep their hair safe.

