

Physical Education at Yarm Primary

At Yarm Primary, our intent is to provide children with a broad and balanced curriculum, which builds on their needs and prepares them for the future. We use a project-based approach to provide an engaging and purposeful context for learning where pupils are encouraged to apply the skills and knowledge in a range of subjects. We place emphasis on mastering key skills to provide a solid foundation for lifelong learning.

In EYFS children have the opportunity to aid their physical development through an increased understanding of spatial awareness, throwing and catching, team games and improving coordination and balance.

Within the National Curriculum:

Key stage 1

Pupils should be taught:

to master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.

to participate in team games, developing simple tactics for attacking and defending.

to perform dances using simple movement patterns.

Key stage 2

Pupils should be taught:

to use running, jumping, throwing and catching in isolation and in combination.

to play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.

to develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics].

to perform dances using a range of movement patterns.

to take part in outdoor and adventurous activity challenges both individually and within a team.

to compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Our intent is that our PE curriculum is designed to help children develop physical competence, an appreciation of skilled and creative performances, improved inter-personal skills and enhanced self-esteem. We aim to promote active and healthy lifestyles.

To implement the offer, children are supported in developing their skills in Key stage 1 and are then provided with opportunities to develop and build on these skills in Key stage 2. A block-programme of swimming provision is provided for children in Y4.

Several clubs provide opportunities for the children to develop their skills – Key stage 1 football (Monday afterschool), Year 3 and Y4 football (Tuesday afterschool), Year 5 (Friday lunchtime and Thursday afterschool), Year 6 football (Thursday afterschool) and Dance (Wednesday afterschool).

Through the sports premium funding we have been able to develop our curriculum and CPD opportunities for staff as well as enlisting professionals to enhance the experiences for the children.

Children have the opportunity to represent 'Team Yarm' at a variety of sporting festivals and we aim to have as many children as possible represent the school at these events.

Sport's Leaders are part of ensuring the pupil voice is heard in school and these children will help to plan and deliver active opportunities for all.

We aim to develop links with local clubs and sporting opportunities by taking part in events such as the Yarm Fun Run.

At Yarm Primary, children take part in a range of activities to promote physical activity and fine motor and gross motor skills through The Daily Mile, Movement Burst, Wiggle and Squiggle and Dough Disco.

The impact of the offer is captured in our internal data, through our pupil voice and 'final performances'. Children have the opportunity to develop their skills in competitive environments due to their participation in a range of local festivals and competitions.