TAKING RESPONSIBILITY

LO: To understand how to take responsibility for your goals and actions.

What does 'taking responsibility' mean?

- Taking responsibility is extremely important, especially as you begin to mature. What does 'mature' mean?
- Taking responsibility means being accountable for your actions and outcomes, whether they are positive or negative.
- Responsible behaviour is made up of five elements... In pairs, discuss what you think the five elements may be.
 - Honesty
 - Respect
 - Fairness
 - Accountability
 - Courage



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• "The man who complains about the way the ball bounces is likely to be the one who dropped it" - Lou Holtz.

• Have a think about this quote. What might this quote mean?



https://youtu.be/A6qMNBAo_ul

SCENARIO ONE

Your parents are extremely busy, but you know that you need your PE kit for tomorrow.

You could:

- A. Ignore that your parents are busy and continue to do what you are doing, failing to help.
- B. Offer to pack your PE kit for tomorrow, saving your parents for added hassle of having to pack your PE kit.

SCENARIO TWO

 You are walking through a corridor at school and you see several coats and bags on the floor.

You should:

- A. Pick up the coats and place them on a peg, making sure that the corridor is tidy and nobody can trip over.
- B. Ignore the mess and carry on with your day.

SCENARIO THREE

• You are struggling with some work in class, but your teachers have provided sheets to help you.

You could:

- A. Make time to try these first before then asking
- B. Fail to do some of your questions because you don't understand or fail to ask for help.

Task - why is it taking responsibility important?

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A final thought

 "Eventually we all have to accept full and total responsibility for our actions, everything we have done, and have not done." – Hubert Selby Jr