




Year 3	PSHCE	<b>Theme:</b> Healthy and Happy Friendships
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**Enquiry Question: What are the characteristics of a happy or healthy friendship?**

<b>Friend</b>	Someone you know well, you can trust and you like a lot.	<p>For this half term, our PSHCE topic will be focused on being a good friend.</p>  <p>Children will explore friendships, their importance, what being a good friend means and how to keep friendships positive and healthy. They will investigate their own values and develop skills to resolve difficulties within friendships, including maintaining and respecting personal boundaries and safe touch. Children will be introduced to the concept of resilience, identify ways in which they can develop it themselves, as well as helping others to do so.</p>	<p><b>Our lessons will focus on:</b></p> <ul style="list-style-type: none"> <li>• What makes a good friend?</li> <li>• Personal Space</li> </ul> <p>Resilience</p>
<b>Respect</b>	A feeling of admiring somebody or something that is good or important.		
<b>Values</b>	Principles or standards of behaviour.		
<b>Personal space</b>	The physical space immediately surrounding somebody.		
<b>Touch</b>	Come into contact with a person or object.		
<b>Private</b>	Belonging to or for the use of one particular person.		
<b>Boundaries</b>	Limit of acceptable behaviour or understanding.		
<b>Resilience</b>	The ability to recover quickly, to be happy and successful again after something difficult or bad has happened.		
<b>Encouragement</b>	Giving someone support, confidence or hope in the form of words or actions.		
			<p><b>Golden Rules</b></p> <ul style="list-style-type: none"> <li>✓ We are gentle.</li> <li>✓ We are kind and helpful.</li> <li>✓ We listen</li> <li>✓ We are honest.</li> <li>✓ We work hard.</li> <li>✓ We look after property.</li> </ul>