


## Yarm Primary

Year 5

**Enquiry Question: What does 'health' look like?**

Subject Specific Vocabulary			Sticky Knowledge
Self-image	The idea one has of one's abilities, appearance, and personality.	<p>For the following half term, our PSHCE topic will be around Healthy Bodies and Healthy Minds. Children will explore physical health and become more understanding of aspects of mental health.</p> 	Mental health is a part of daily life just as much as physical health is.
Self-respect	The level of pride and confidence in oneself.		If you are 'physically healthy', it doesn't necessarily mean that you have good mental health.
Attributes	A quality or feature regarded as a characteristic or inherent part of someone.		There is a difference between mental health and mental ill-health. What do you think is the key difference?
Substances	A drug, chemical, or other product that one may be dependent on or uses habitually.		
Immunisation	The action of making a person or animal immune to infection, typically by inoculation.		
Vaccination	Treatment with a vaccine to produce immunity against a disease.		