



# YORKMEAD SCHOOL (NC)

YORK ROAD, BIRMINGHAM B28 8BB

Headteacher

Telephone: 0121 464 4215

Mr A Newman-Smith

Fax: 0121 464 6793

e-mail: [enquiry@yorkmead.bham.sch.uk](mailto:enquiry@yorkmead.bham.sch.uk)

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Dear Parents/Carers,

We want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of living in modern Britain. That is why, from September 2020, the law requires all primary age children to be taught Relationships and Health Education (RHE).

RHE will put in place the building blocks needed for children to form and maintain positive and safe relationships, including with family, friends and online.

By the end of primary school, it is mandatory for pupils to have been taught content on:

Families and people who care for me

Caring friendships

Respectful relationships

Online relationships

Being safe

Mental wellbeing

Internet safety and harms

Physical health and fitness

Healthy eating



Drugs, alcohol and tobacco  
Health and prevention  
Basic first aid  
The changing adolescent body

YOU CAN FIND FURTHER DETAIL BY SEARCHING 'RELATIONSHIPS AND HEALTH EDUCATION' ON GOV.UK.

The above list does not include any teaching about sex education (but the school is considering whether to offer pupils some lessons on this subject in addition to the mandatory teaching required by the National Curriculum for Science)

The school previously developed its policy and curriculum on RGE (Relationships and Growing up Education) in consultation with parents and carers and made amendments to the content and delivery.

As part of RHE we intended to teach your child what a relationship is, what friendship is, what family means and who can support them. In an age-appropriate way, the school will cover how to treat each other with kindness, consideration and respect.

In order to help us develop our policy and curriculum, the school intends to use the Relationships and Health Education programme that has been designed by Birmingham City Council, in partnership with Birmingham schools, as its starting point. This has been drafted with the aim of meeting the needs of children across the city. An essential part of the programme is to ensure that parents and carers are aware of what is being taught and to ensure that the curriculum is appropriate for all children in Birmingham.



As a school, we wish to encourage a positive engagement process that includes the views of pupils, parents, staff and governors in relation to the new curriculum. Therefore we have put on the website the full document for you to all see (insert link). I would like parents to email the enquiry line with any responses they may have to this document by 12noon on the 29<sup>th</sup> March. Obviously, as mentioned above this is a legal responsibility for school to deliver the full content of the National Curriculum with RHE being part of that.

Yours sincerely

Mr A. Newman-Smith

Head Teacher

