

Lesson 2 :

Understanding Different Types of Bullying.

- LI: To understand what bullying is and how bullying occurs.
- LI: To be aware of the different types of bullying.

What is a bully?

TTYP and then write your definition on a white board.



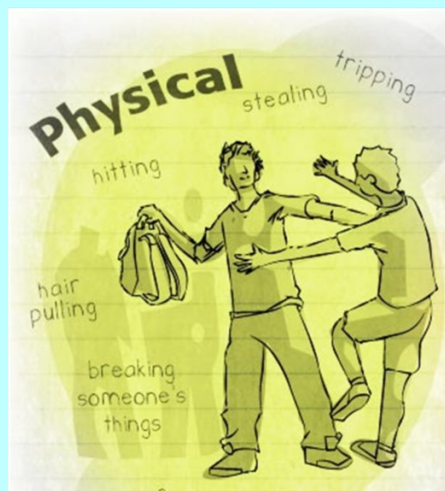
What is bullying? - Dictionary Definition

A bully is someone who threatens another person repeatedly in order to gain control over them. This may be done in different ways.

- S Several
- T Times
- O On
- P Purpose

Scenario 1: Class Discussion

Every day, Tom snatches Haseem's bag at playtime as a joke. This time, he has pushed Haseem too. He has had enough...

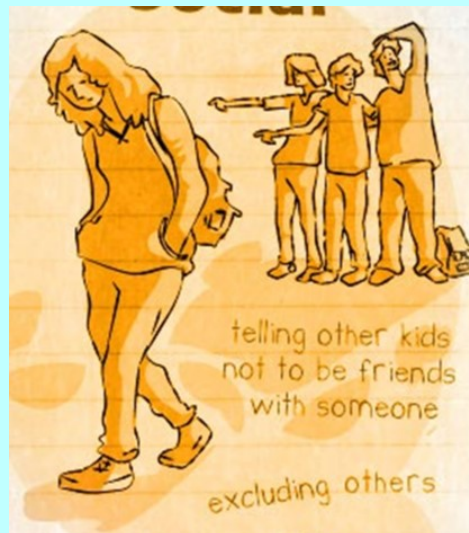


Who is involved? How has it developed?

Vocabulary = bystander victim abuser

Scenario 2: Class Discussion

What do you think is happening in this picture? Why is it happening?

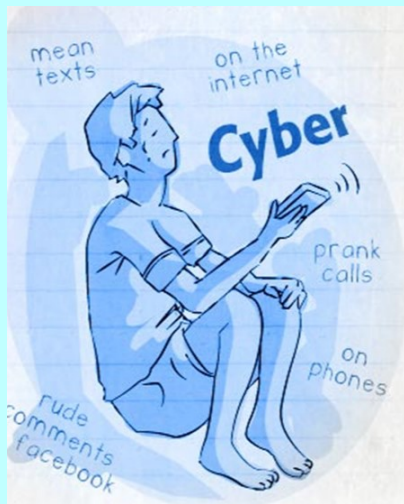


Who is involved? How has it developed?

Vocabulary = bystander victim abuser

Scenario 3: Class Discussion

Karl has received a mean message again this week in the group chat and now everyone can see it...



Who is usually involved when it comes to bullying?

- bully/abuser
- bystander
- victim

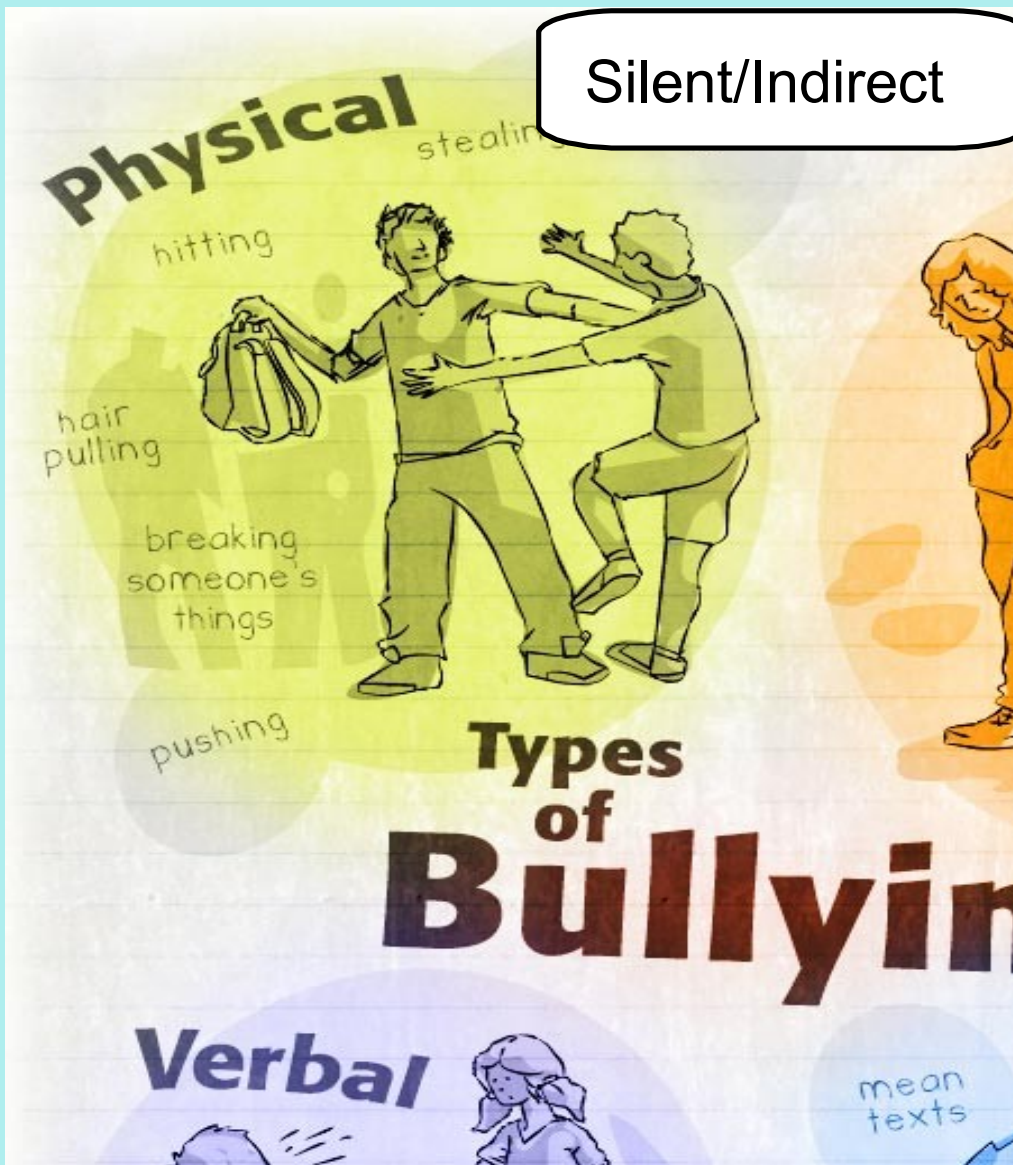
Make a list

How many different types of bullying can you think of?

Make a list on your white board with your partner.

Be ready to feedback.

Silent/Indirect



Are bullies always children?



What type of bullying could you see?

What type of bullying did you not see?

Bullies can be an adult or a child.

Go through the scenarios.

How does each person feel?

How can the situation be resolved?

What type of bullying could this be?

A group of boys are playing football.
A girl asks to play she is told, No way!
The boys shout girls are useless at football!

A boy is teased because he has long hair
A group of girls circle him and start to call him names and say that he looks like a girl.

A new girl has just arrived in the country.
She brings her lunch from home and others see that it is different from everyone else's. Someone leaves a note in her lunch box stating 'Yucky' that is nasty – it looks disgusting.

A boy likes to read at playtime and sit quietly.
A group of other boys start to tease him and say he is a 'geek' because he always gets top marks.

Go through the scenarios.

How does each person feel?

How can the situation be resolved?

What type of bullying could this be?

A Muslim girl is wearing a hijab for the first time at school, other girls in the class keep asking her to take it off or to look underneath- someone pulls it and it comes off. She does not know who pulled it off.

A group of children are running backward and forwards teasing a deaf boy, saying that he is thick and stupid because of his disability.

Three boys push another off the friendship bench and do not allow him to get back on the bench. When asked they tell others that he is not to sit with them because he has spots.

Two girls are good friends and get on well and do lots of activities together. People start to call them names. One day a pupil from another class shouts in the dinner hall - You girls are gay!

Definitions

PHYSICAL BULLYING

This is when someone is punched, hit, kicked or attacked. Bullies operate in clever ways and will “accidentally” bang into someone or trip them over. They can operate on their own or in groups.

VERBAL BULLYING

Bullies can threaten people or call them names. They may taunt the victim or repeat what they said in a silly voice. They will sometimes humiliate them by making them look stupid.

SILENT / INDIRECT BULLYING

This is where they ignore you or try and stop you from joining in. They may send an individual to ‘Coventry’.

CYBER BULLYING

This is where a person is being bullied online by a person/s through text messaging, WhatsApp, social media, online, gaming. Rumours can be spread if you have a mobile phone they may send you ‘hate’ text messages. Sometimes they will continually follow you around.

Discuss

How might you help someone who is getting bullied?

How can you get help?

<https://www.childline.org.uk/>