

# Parental controls guide

# Apple iPhone and iPad parental control guide

## Parental Controls information

### Type of guide

Smartphones and other devices

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### Features and Benefits

You can enable restrictions to stop your children from using specific features and applications on an iPhone or iPad, including blocking access to iTunes, restrict explicit content and in-app purchasing. You can also limit access to the camera and sharing of photos.

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### What specific content can I restrict?



Apps Access



Browser Access



In App purchasing



Inappropriate content



Media streaming



Online games



Parental control



Sharing Data



Sharing location



Social networking



Timer

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### What do I need?

An iPhone or iPad device and account

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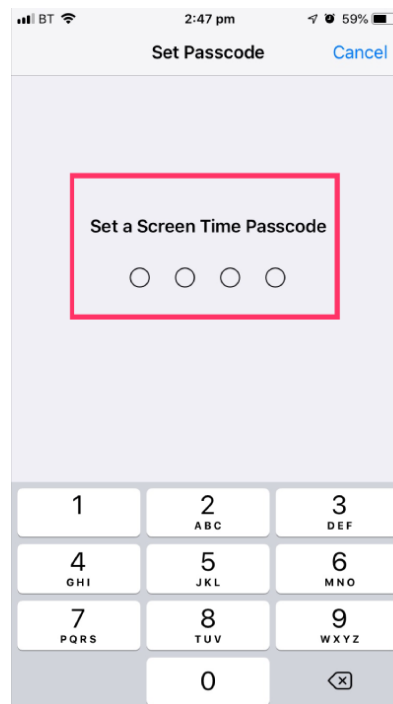
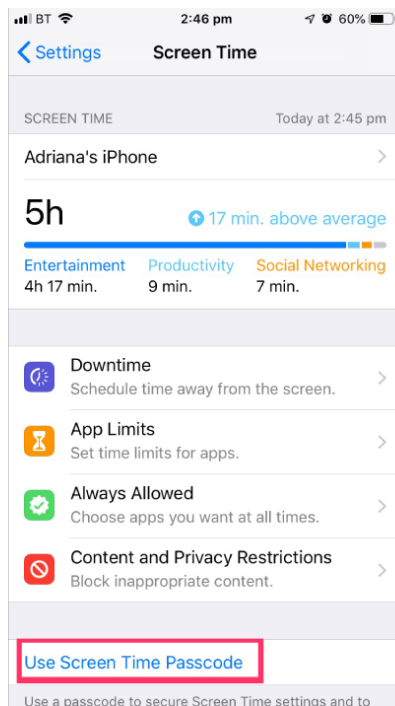
Enable screen time Using Screen Time to set content privacy restrictions and manage in-app purchases Go to “Settings” and tap “Screen Time”.



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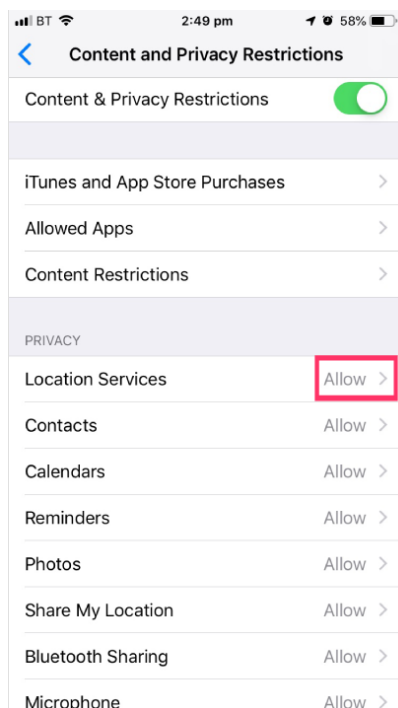
Tap Continue, then choose “This is My [Device]” or “This is My Child’s [Device].” If it’s a shared device and you’d like to ensure settings are not changed then tap “Use Screen Time Passcode”. Then re-enter the passcode to confirm. If it’s a child’s device, you can follow prompts until you get to Parent Passcode and enter a passcode. Re-enter to confirm.



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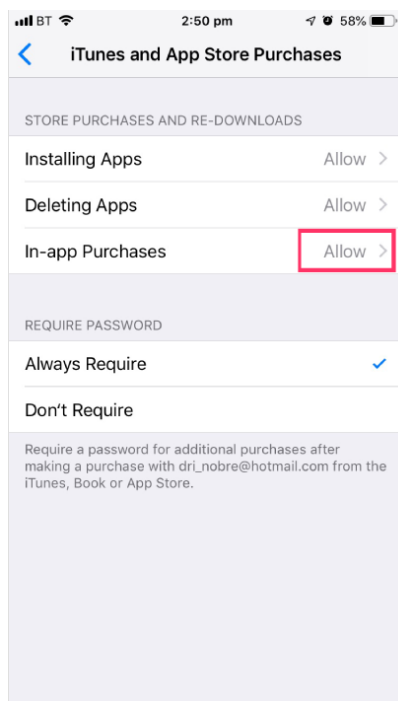
Tap "Content & Privacy Restrictions". If asked, enter your passcode, then you can turn on Content & Privacy. Once you have set up your code, in this section, you can manage in-app purchase, access to apps and automatically filter website content to limit access to adult content in Safari and apps on your device.



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Managing in-app purchases in screen time Tap “iTunes & App Store Purchases”. Choose a setting and set it to “Don’t Allow”. Please note you can also change your password settings for additional purchases from the iTunes & App Store or Book Store. Follow steps 1-3, then choose Always Require or Don’t Require.



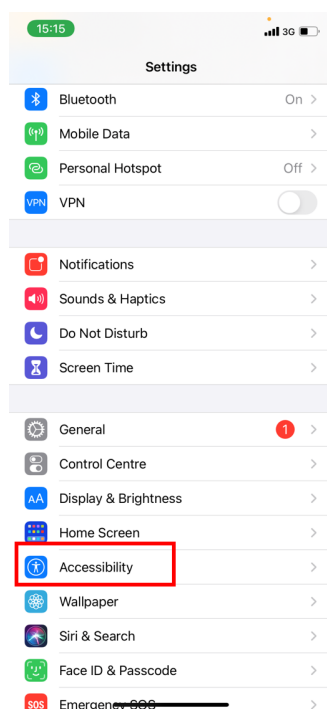
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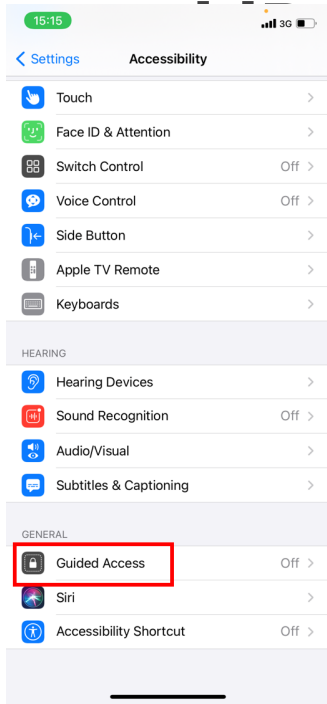
## Step by step guide

5

Guided Access Guided Access allows you to lock your iPhone or iPad when in an app. This may be useful for children as they won't be able to come out of that particular app and will stop them from accessing other apps and settings. To enable: Go to your "Settings" tap "Accessibility" then scroll down and tap "Guided Access".

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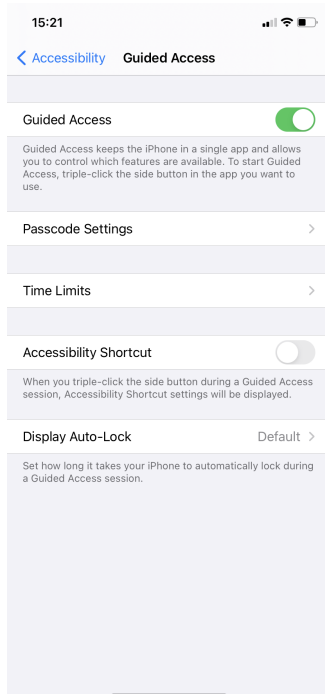




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Tap the Guided Access toggle so it turns green. Then to start the Guided Access, tap the side (power) button three times. When enabled, the buttons and touchscreen will be disabled. In this section, you can also set a passcode, time limit and enable auto-lock features. To turn it off, tap the side button three times.



# Apple iPhone and iPad parental control guide



You can change the options which will appear in the bottom left of your screen which will allow the configure the settings for the app you or your child is on. Tip: Alternatively, you can easily turn on Guided Access by giving the command to Siri which Siri will automatically do for you.

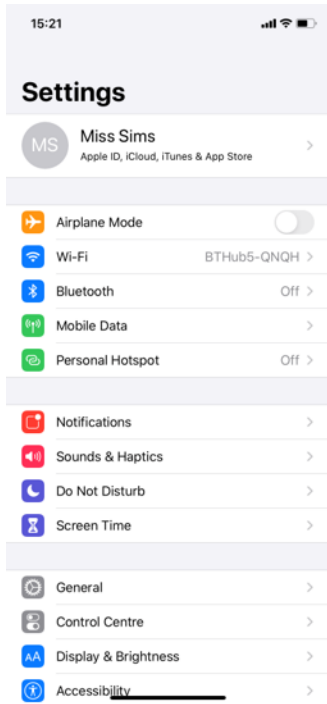
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## Step by step guide

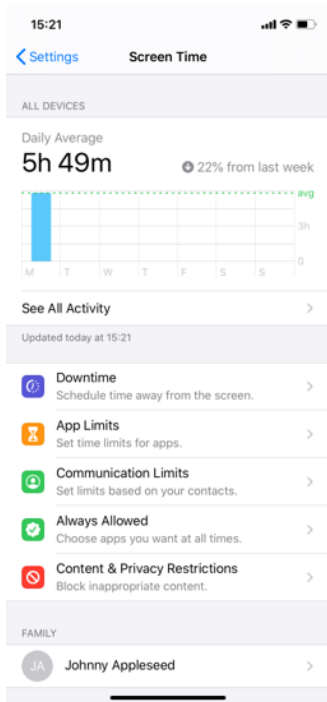
8

Prevent web content iOS can automatically filter website content to limit access to adult content in Safari and apps on your device. You can also add specific websites to an approved or blocked list, or you can limit access to only approved websites. Follow these steps: Go to Settings, then Screen time. Tap 'Content & Privacy Restrictions' and enter your Screen Time passcode. Then, tap 'Content Restrictions', then tap 'Web Content'. Choose Unrestricted Access, Limit Adult Websites, or Allowed Websites Only.

1



2



3

15:39

4G

[Back](#)

Web Content

WEB CONTENT

Unrestricted Access

Limit Adult Websites

Allowed Websites Only

Limit access to many adult websites automatically. Specific allowed and restricted websites can be added below.

ALWAYS ALLOW:

[Add Website](#)

NEVER ALLOW:

[Add Website](#)



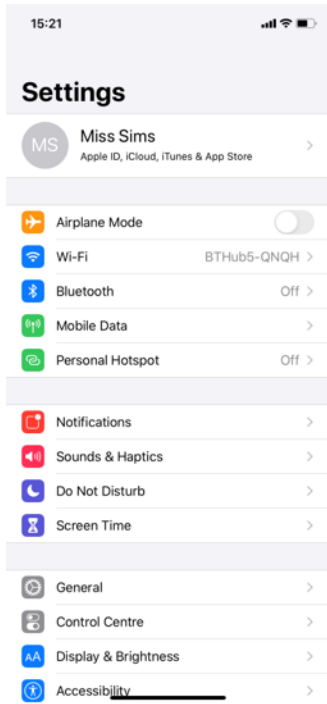
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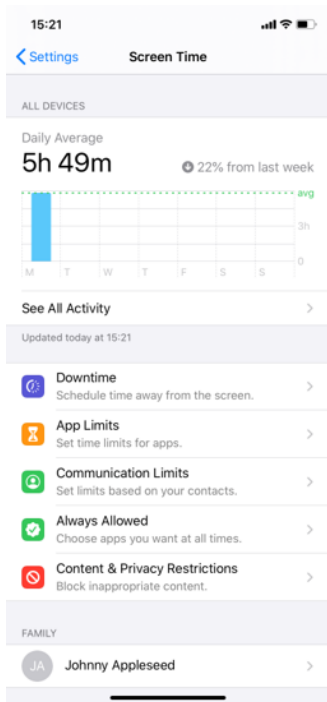
9

Restrict Siri web search Go to Settings, then Screen time. Tap 'Content & Privacy Restrictions' if asked, enter your Screen Time passcode. Then, tap 'Content Restrictions'. Scroll down to Siri, then choose your settings. You can restrict these Siri features: - Web Search Content: Prevent Siri from searching the web when you ask a question - Explicit Language: Prevent Siri from displaying explicit language

1



2



3

[Back](#) **Content Restrictions**

- Ratings For United Kingdom >
- Music, Podcasts & News Explicit >
- Music Profiles On >
- Films Allow All Films >
- TV Programmes Allow All TV Programmes >
- Books Explicit >
- Apps Allow All Apps >

WEB CONTENT

- Web Content Limit Adult Websites >

SIRI

- Web Search Content Allow >
- Explicit Language Allow >

GAME CENTER

- Multiplayer Games Allow >
- Adding Friends Allow >
- Screen Recording Allow >

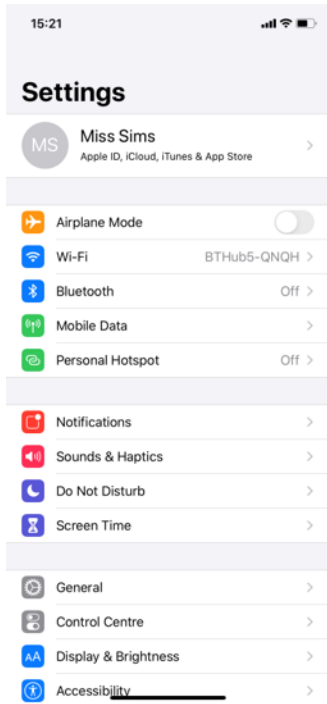


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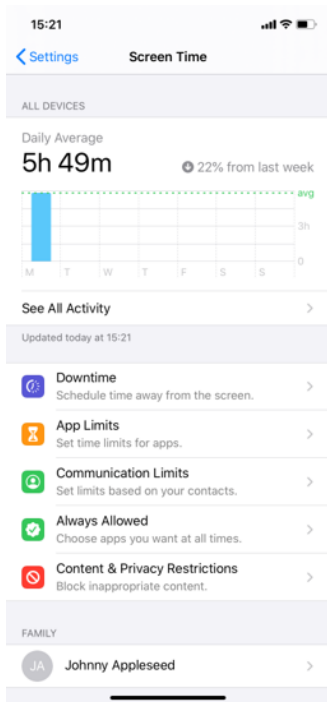
## Step by step guide

10

Restrict game center Go to Settings, then Screen time. Tap 'Content & Privacy Restrictions' and enter your Screen Time passcode. Then, tap 'Content Restrictions' Scroll down to Game Center, then choose your settings. You can restrict these Game Center features: - Multiplayer Games: Prevent the ability to play multiplayer games - Adding Friends: Prevent the ability to add friends to Game Center - Screen Recording: Prevent the ability to capture the screen and sound



2



3

[Back](#) **Content Restrictions**

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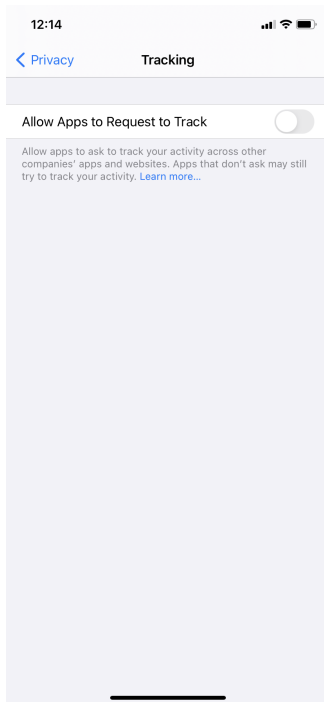
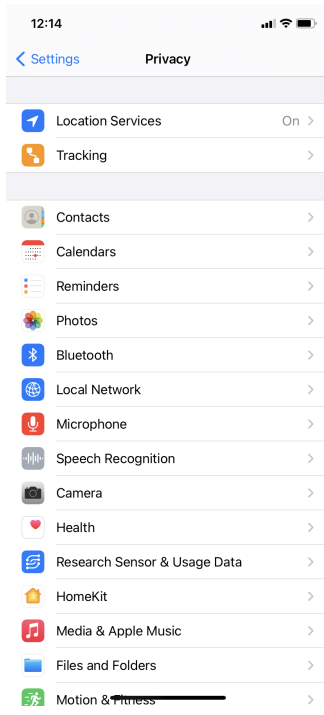
- Multiplayer Games Allow >
- Adding Friends Allow >
- Screen Recording Allow >

# Apple iPhone and iPad parental control guide

## Step by step guide

11

Allow changes to privacy settings If you have the iOS 14.5 update or above, the App Tracking Transparency feature lets you decide if you want apps to track your activity for advertising purposes. This may not be suitable for children as it may encourage in-app spending. To disable: Go to Settings, then 'Privacy'. Tap 'Tracking'. The toggle button should be grey - this means the feature is disabled. Green means enabled. Important: If you allow apps to ask to track you, you'll start to see prompts when you launch updated apps requesting permission to track your activity. If you don't allow apps to ask you for permission, all apps will automatically be blocked from tracking your activity.



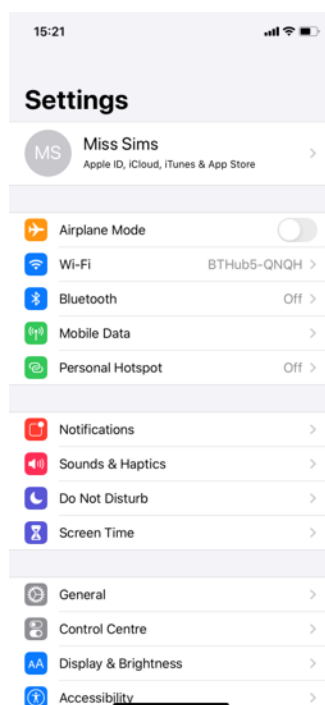
# Apple iPhone and iPad parental control guide

## Step by step guide

12

Allow changes to privacy settings The privacy settings on your device give you control over which apps have access to information stored on your device or the hardware features Go to Settings, then Screen time. Tap 'Content & Privacy Restrictions' if asked, enter your Screen Time passcode. Tap 'Privacy', then choose the settings you want to restrict

1



2

15:21 Screen Time

[Settings](#)

ALL DEVICES

Daily Average  
**5h 49m** 22% from last week

[See All Activity](#)

Updated today at 15:21

- Downtime**  
Schedule time away from the screen.
- App Limits**  
Set time limits for apps.
- Communication Limits**  
Set limits based on your contacts.
- Always Allowed**  
Choose apps you want at all times.
- Content & Privacy Restrictions**  
Block inappropriate content.

FAMILY

- JA Johnny Appleseed**

3

15:52 4G

[Back](#) **Content & Privacy Restrictions**

PRIVACY

- Location Services Allow >
- Contacts Allow >
- Calendars Allow >
- Reminders Allow >
- Photos Allow >
- Share My Location Allow >
- Bluetooth Sharing Allow >
- Microphone Allow >
- Speech Recognition Allow >
- Advertising Allow >
- Media & Apple Music Allow >

ALLOW CHANGES:

- Passcode Changes Allow >
- Account Changes Allow >
- Mobile Data Changes Allow >
- Volume Limit Allow >
- Do Not Disturb While Driving Allow >

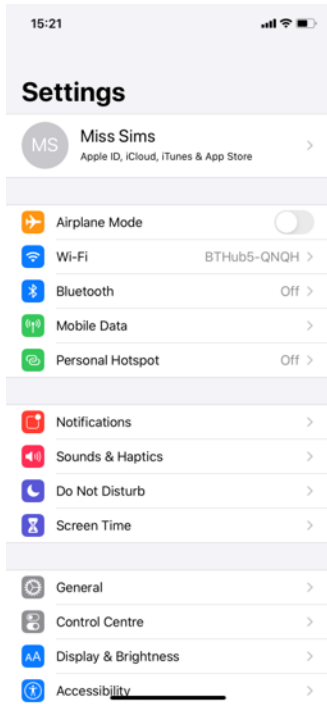
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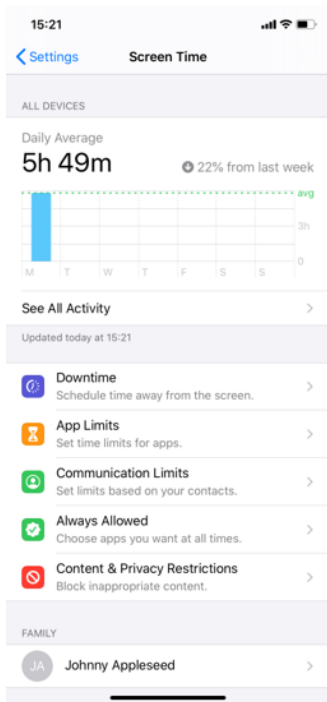
13

Allow changes to other settings and features You can allow changes to other settings and features, the same way you can allow changes to privacy settings. Go to Settings, then Screen time. Tap 'Content & Privacy Restrictions' if asked, enter your Screen Time passcode. Always Allowed, select the features or settings you want to allow changes to and choose Allow or Don't Allow.





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15:54





4G

< Screen Time Always Allowed









ALLOWED CONTACTS  
Limit who you can communicate with during downtime. Limits apply to Phone, FaceTime and Messages.

Contacts Everyone >

ALLOWED APPS  
Always-allowed apps are available during downtime or if you selected the "All Apps & Categories" app limit.

-  Phone
-  Messages
-  FaceTime
-  Maps

CHOOSE APPS:

-  9 Cut
-  Acrobat
-  AdBlock for Safari
-  Adobe Acrobat Reader DC
-  Adobe Bridge CS6
-  Adobe Flash Player Install Manager
-  Adobe Illustrator CC 2015
-  Alibaba.com