

## **Unit title: My family and me**

Lesson title: What makes a family

### Learning Objectives

- To think about our families, how they may be different and how families love and care about one another.

## **Learning Outcomes**

### **Families and people who care for me**

- that families are important for children growing up because they can give love, security and stability
- the characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives
- that others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care
- that stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up

### **Mental wellbeing**

- how to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings.

## Recap:

- Who has a brother or sister?
- Who has a baby in their family?
- Who lives with a grandparent?
- Who is expecting a new family member?
- Are all our families the same as each other?
- In what ways might families be different?



Let's listen to the story Who's in my family? by Robie H Harris.



<https://www.youtube.com/watch?v=jpk4QrpZJUI>

Care and love is at the heart of a healthy family life.

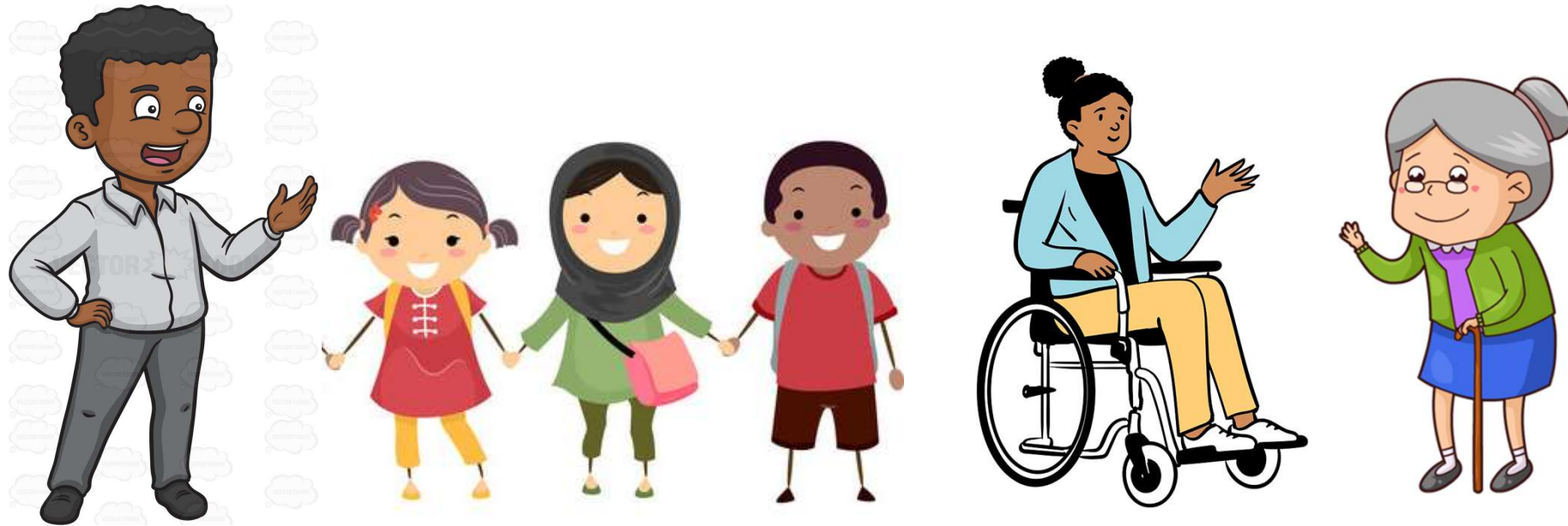
- What different families were there in the book?
- What do all families have in common?
- What are the great things about our families?
- What is the 'job' of a parent?
- What is your role as a child in your family?



- There are many different family make-ups and they are all equally valid and those differences should be respected.
- All families should **support** each other and **enjoy sharing time together** and **parents should keep their children safe.**
- Families might sometimes have difficulties and may change but the most important thing is the love and care they have for one another.



Activity: Create an imaginary family, drawing a picture of them and write a sentence about what makes them a family.



This family has a father, grandmother, 3 children and a cousin. They are a family because they live together, care for and love each other. They are special because they spend time together, the adults protect the children and the children are loved and cared for.

Say one thing that makes a family special.

