

Unit title: My family and me

Lesson title: Respecting differences

Learning Objectives

To be kind and respectful towards people who are different from us.

Learning Outcomes

Caring Friendships

- that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded

Respectful Relationships

- the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs
- about different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help
- the importance of self-respect and how this links to their own happiness

Mental wellbeing

- bullying (including cyberbullying) has a negative and often lasting impact on mental wellbeing
- isolation and loneliness can affect children and that it is very important for children to discuss their feelings with an adult and seek support

What makes our identity?

What makes us special? What makes us an individual?

What makes us who we are?



What do we have in common with one another?

What differences might we have?

Let's listen to the story *Something Else* by Kathryn Cave and Chris Riddell.



- How would it feel to be the only person who was 'different'?
- What would it be like if a child started in our class/school who was different to everyone else?

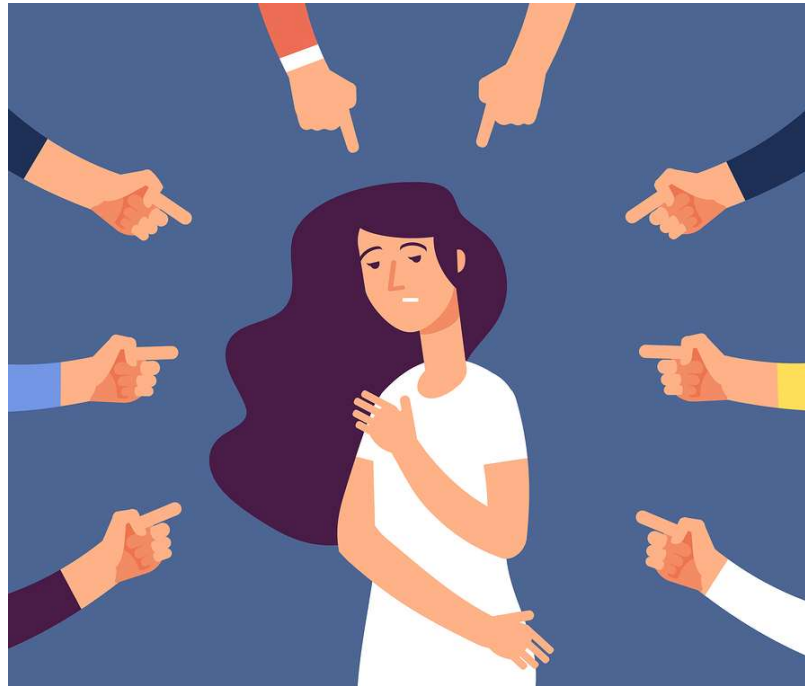
<https://www.youtube.com/watch?v=QuAG9NTP1YQ>

- Why did something else get treated differently?
- How did it make him feel and behave?
- Why is it wrong to treat someone unkindly just because they are different?
- What would it feel like if you were told, 'You don't belong here'?



A group of people all joining together against someone else is bullying.

What should we do if we knew someone was being bullied?



We should be proud of who we are and of our identity.
We should also be respectful of others who may be different from us.



Activity: Role play imagine 'something else' came to our school.



- How would we make him feel welcome?
- What would we say? What would we do?
- How would you include him as part of your family/friends?

If 'something else' mentioned that they were feeling sad because they were being bullied online, what advice would you give them and who would you tell?

