

## Unit title: Being part of the wider world

### Year 3 Lesson 2: How does a community support one another?

- To be able to signpost to services within a community and beyond
- To know about people/places that support communities locally and nationally

Recap: What makes a community?

Discuss

How do people in a community help and support each other?

Maybe we help our neighbours, or make sure we don't litter to keep our community looking nice.

Who do we have in the  
community that helps us?

Write your ideas on post-its notes and we will discuss them together.

## Activity

Match the community role with its description.

Health centre

We can go here to borrow books or use computers.

Bus Driver

This person can help our families when we have a problem.

Library

We can go here if we feel unwell.

Fire fighter

This person helps us to get around our community.

Family Support Worker

This person keeps us safe by putting out fires.

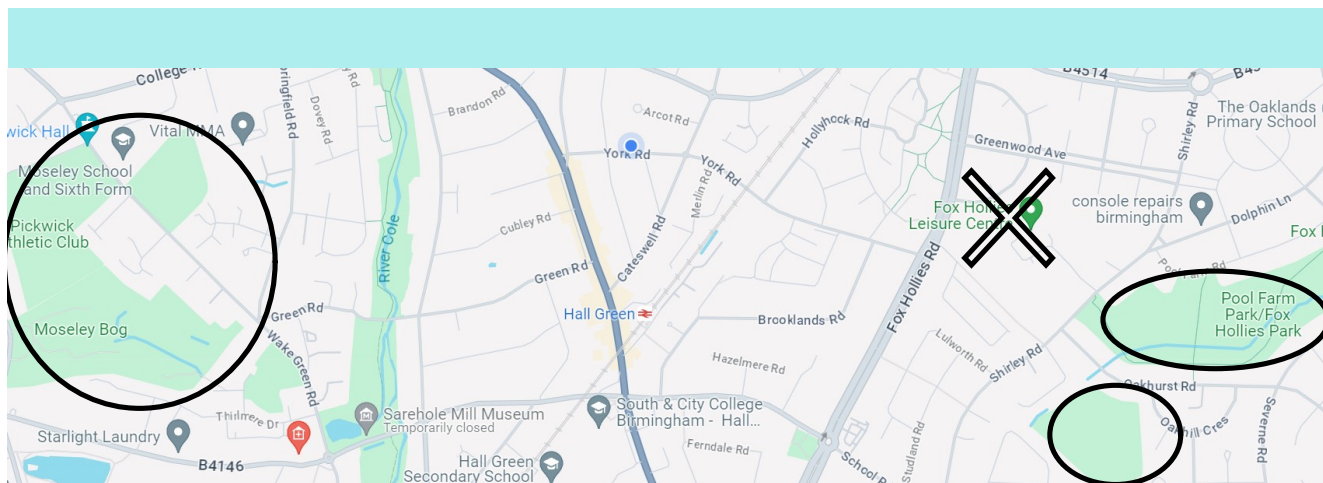
Who might need more

help in our community?

What is a leisure centre?

Hint: we've been to one together for swimming lessons!

What about parks? What can we see there?



Here are some parks ○ and leisure centres ✕ in our local community



Let's discuss parks and leisure centres.

- Who works there?
- Are they paid?
- Why volunteer?
- What activities can you do at a leisure centre and parks?
- How does it make you feel?

## Activity

Let's draw a poster for our local park. We should include what we can do there and why it's good for us.

Include benefits of physical exercise and time outdoors to our mental well-being and happiness.

## Plenary:

Think of two positives about our local community/area.