## **Year Two**

Lesson 3

Lesson length: 60 minutes

# Unit title: My family and me

Lesson title: Respecting differences



#### **Learning Objectives**

To be kind and respectful towards people who are different from us.

# Relationships and Health Education

#### **Learning Outcomes**

#### **Caring Friendships**

 that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded

### **Respectful Relationships**

- the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs
- about different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help
- the importance of self-respect and how this links to their own happiness

#### Mental wellbeing

- bullying (including cyberbullying) has a negative and often lasting impact on mental wellbeing
- isolation and loneliness can affect children and that it is very important for children to discuss their feelings with an adult and seek support

### **Suggested Activities**

Think about what makes our identity.
What makes us special? What makes us an individual?
What makes us who we are?

This can include physical attributes; i.e. sex, race, age, appearance but also our religion, our interests and our beliefs.

Discuss some of the things about their identities that the class have in common with one another, and some of the differences they might have.

How would it feel to be the only person who was 'different'? What would it be like if a child started in our class/school who was different to everyone else?

Consider all children from across the world in different countries. Read the story – Something Else by Kathryn Cave & Chris Riddell which tells the story of a creature who is ostracised from a community for being different.

#### Discuss the story

- why did something else get treated differently?
- how did it make him feel and behave?
- why is it wrong to treat someone unkindly just because they are different?
- what would it feel like if you were told 'You don't belong here'?

Reflect on the fact that a group of people all joining together against someone else is bullying and that if we knew someone was being bullied we should tell a trusted adult.

Explain to pupils that we should be proud of who we are and of our identity. We should also be respectful of others who may be different from us.

**Activity** Role play imagine 'something else' came to our school. How would we make him feel welcome?

What would we say? What would we do?

How would you include him as part of your family/friends?

**Debrief** If 'something else' mentioned that he/she was feeling sad because they were being bullied online, what advice would you give them and who would you tell?

## **Unicef Articles**

Article: 12,13,14,20,21,22,23,30

## Resources

Something Else by Kathryn Cave & Chris Riddell

## Key vocabulary

Identity Similarities Differences Bullying Respect Trusted adult