

THE VALUE OF FRIENDSHIP

Learning Intentions:

- To consider the value of views and contributions of others.
- To understand the value of friendship.
- To recognise that in friendships groups all people have equal status but offer different qualities.
- To know that we can work together to achieve simple goals and targets.
- Show care for others as well as for themselves.
- To be able to ask topical questions.



What is friendship?

Are there different levels of friendship? Does it matter if there is?

What are the benefits/ pitfalls?

Why are friends important? What makes them important/
special?

A true friend is
THE GREATEST
of all blessings.



Friendship is like a sensitive flower.

It needs a lot of caring in order to grow and to blossom.



Draw a continuum line on your board.

Agree

Disagree

You will be asked to reflect your views and to give your reasons for your position on the continuum.

On your continuum line, discuss where you would place each statement. Remember to give reasons for your answers.

- You should not have friends that are older than you.
- You get a better friendship experience from those who are the same sex.
- Friends of the same age are safer than friends that are older.
- Friendships can be negative as well as positive.
- You should have no more than two best friends.



Friendships may look different, but it is the equality within the friendship that is important rather than who with or the number of people.

Peer Pressure



What is peer pressure?

Some friendships can have an unequal balance - these can become difficult to maintain as there is often a demand and response relationship- as one party can feel pressurised into doing things they feel are wrong or uncomfortable.

What action could a person take if they feel pressured?

Feelings, Issues, Outcomes. Jo and Alex friendship.

Jo and Alex have been best friends since nursery. They have always been in the same class in primary school and spend lots of time together out of school too. When they start secondary school, Jo meets Sunni. They really like one another and start spending time together. Jo wants Alex and Sunni to be friends too, but Sunni and Alex don't like one another very much. They both want Jo for a friend, but don't want to hang out with one another. One day Alex gives Jo an ultimatum either to keep him/her as a friend or Sunni but stated Jo could not have them both. Sunni then begins to hang around with different class members they always invite Jo to join in but ignore Alex when he/ she tries joins in a conversation- Different social media groups are formed also and leave out Alex, the group keep showering Jo with gifts and invitations to events.

1. How can this situation be resolved?
2. Is there any peer pressure?
3. What feelings are being experienced by the different characters?

In groups, write the headings on your paper.

<u>Issue</u>	<u>Feeling</u>	<u>Solution/ Outcome</u>

What action could a person take if they feel pressured?

Plenary

What were the different points made?

What are the top tips to resolve peer pressure situations?

What are the positive and negative values that you might find in a friendship and how would you deal with challenging situations?