



# YOUR MENU Week ONE



|  | Monday                                    | Tuesday  | Wednesday  | Thursday                                    | Friday                      |
|--|---|--|--|---|-----------------------------|
| <b>Main Course</b>   | vegan Nugget<br>Or<br>cheese & potato pie | Flavoured chicken<br>OR<br>Quorn cottage pie<br>or<br>sandwiches | Pizza with assorted<br>toppings<br>Filled Sandwich | Half Kathalama<br>Or<br>sheek kebab hot dog | <b>GRAB A BAG<br/>LUNCH</b> |
| <b>Potatoes, Grain,<br/>Pasta &amp; Bread</b>                      | Baked potato<br>quarters                  | mid potatoes with<br>parsley                                     | Southern wedges                                    |   |                             |
| <b>Vegetables</b>  | Green<br>beans/cabbage                    | Country veg  | beans/ coleslaw                                    | Cobette and salad                           |                             |
| Seasonal fresh salad bar and homemade fresh bread available daily. |   |  |  |   |                             |
| <b>Fruit &amp; Yoghurt</b>   | Assorted mousse                           | Assorted Fruit slice   | Banana bowl  | yoghurt                                     |                             |
| <b>Desserts</b>  | oven<br>Baked cookie<br>Oranges slice     | Flapjack<br>And<br>Custard<br>Melon quarte                       | Ice cream tub                                      | Fresh fruit salad                           | Fresh Fruit                 |

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

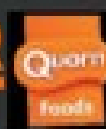
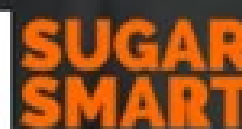
For any allergen/dietary requirements please speak to the Catering Supervisor

**MADE FRESH**

**Yorkmead Primary School**



# YOUR MENU Week TWO



|  | Monday                         | Tuesday   | Wednesday                      | Thursday  | Friday      |
|--|--------------------------------|---|--------------------------------|---|-------------|
| Main Course  | Meat balls<br>Or<br>Veg Samosa | Battered Fish<br>OR<br>Roast chicken<br>Stuffing ball | Topped Pizza<br>OR<br>Sandwich | Cheese and onion<br>pastie<br>Italian pasta       | Grab a Bag  |
| Potatoes, Grain,<br>Pasta & Bread                                  | Southern wedges<br>Or<br>pasta | mash Potato<br>Or Yorkshire pudd                      | Garlic bread                   | Chips<br>Petite pans                              |             |
| Vegetables   | Corn/ peas                     | Fresh Broccoli / Baby<br>Carrots                      | cobette / beans                | salad<br>or<br>Beans                              |             |
| Seasonal fresh salad bar and homemade fresh bread available daily. |                                |   |                                |   |             |
| Fruit & Yoghurt  | Satsumas / yoghurt             | Banana and custard                                    | apple slice                    | Fresh fruit                                       |             |
| Desserts   | Flavoured mousse               | Crunch and custard                                    | Ice Cream                      | Mini jam doughnut<br>Strawberry and melon<br>pots | Fresh fruit |

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# YOUR MENU

Week THREE



|  | Monday                       | Tuesday                              | Wednesday                             | Thursday   | Friday       |
|--|------------------------------|--------------------------------------|---------------------------------------|--|--------------|
| Main Course  | Fish Fingers<br>Or<br>quiche | Chicken curry<br>Or<br>Veggie chilli | Assorted Pizza<br>OR<br>Veggie burger | Assorted burgers<br>jacket potato<br>Or Sandwich |              |
| Potatoes, Grain,<br>Pasta & Bread                                  | Roast Potato                 | Special Rice                         | Southern fried wedges                 |  |              |
| Vegetables   | Bean or peas                 | corn                                 | Beans<br>Or<br>sweetcorn              | Corn cobette<br>And<br>salad                     |              |
| Seasonal fresh salad bar and homemade fresh bread available daily. |                              |                                      |                                       |  |              |
| Fruit & Yoghurt  | Fresh Fruit Slice            | Melon slice                          | pineapple Slice                       | banana   |              |
| Desserts   | Chocolate cracknel           | Topped sponge                        | Ice cream Tub                         | Assorted muffin                                  | Biscuit Pack |

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# YOUR MENU

## Week FOUR



|  | Monday                                      | Tuesday   | Wednesday                                 | Thursday                         | Friday                      |
|--|---|---|---|----------------------------------|-----------------------------|
| Main Course  | Spaghetti Bolognese<br>OR<br>Vegie Katlamas | Peri Peri Chicken<br>OR<br>Vegie Meatball<br>ciabatta | Assorted Pizza<br>OR<br>Tomato Pasta bake | Lemon Sole<br>OR<br>Vegie Pakora | Grab a Bag                  |
| Potatoes, Grain,<br>Pasta & Bread                                  | Pasta/ Garlic Bread                         | Roast Potatoes  | Herbie Diced                              | Chips                            |                             |
| Vegetables   | Corn Cobettes                               | Green Beans / Baby<br>Carrots                         | Beans / Corn                              | Peas                             |                             |
| Seasonal fresh salad bar and homemade fresh bread available daily. |   |   |   |                                  |                             |
| Fruit & Yoghurt  | Pineapple Chunks                            | Banana Bowl   | Satsumas                                  | Fresh Fruit Lice                 |                             |
| Desserts   | Carrot Cake                                 | Flap Jack with Custard                                | Ice Cream Tub                             | Mini Jam Doughnuts               | Cucumber & carrot<br>sticks |

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

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